



I am committed to:
Resource Efficiency

- I will switch off lights, power bars, and unplug electrical devices when not in use.
- I will strive to be idle-free while driving.
- I will eat meat-free one day a week or more.
- I will take sustainable transportation to school or work one day per week or more.
- I will use green computing practices.
- I will maintain my vehicle's tire pressure.
- I will buy more seasonal, local, organic, and fair-trade food.
- I will participate in a car-share or carpool program.



I am committed to:
Reducing Waste

- I will use reusable bags.
- I will use campus recycling containers for paper, plastics, metals, and glass.
- I will take batteries, ink cartridges, and cell phones to the appropriate drop-off locations for safe disposal.
- I will practice the three Rs when I use paper (reduce, reuse, and recycle).
- I will donate and/or buy gently used clothing and other items.
- I will compost.
- I will use reusable containers and/or cutlery for food and drinks.



I am committed to:
Sustainability

- I will promote sustainable practices in my campus organization and/or workplace.
- I will get involved with a campus organization that focuses on sustainability.
- I will include sustainability in my research, course selection, and/or curriculum.



I am committed to:
Conserving H₂O

- I will cut down on my water-use in the washroom and when doing laundry.
- I will let the appropriate staff know about leaky taps, toilets, and showers.

I will make this commitment for:

I'm committed to:

Scotties Leave Small Footprints

Carnegie Mellon University

